

Pathways Scoring Sheet

 Suicide <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Social Problems <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Anxiety <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Harassing Behaviors <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Affective Violence <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 Depression <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Academic Trouble <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Intense Thoughts/Action <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Stalking Others <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Trolling Actions <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 Self-Injury <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Financial Insecurity <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Hallucinations/Delusions <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Acts of Partner Violence <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Transient Threats <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 Alcohol/THC <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Adjusting to Change <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Group Pressure <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Sexual Violence <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Substantive Threats <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 Serious Drug Use <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Loss or Bereavement <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Vandalism <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Incel Behavior <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 White Supremacy <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 Being Teased <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Being Stalked <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Being Controlled <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Eating/Sleeping <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	 Weapons Interest/Access <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>



Factor	Low	Moderate	High
Suicide	Occasional SI+, growing loss of hope, feeling trapped	Frequent SI+, despair, chronic loss of hope	Constant suicidal SI+, w/plan
Depression	Trouble eating/sleeping, lack energy, chronic sadness	Frequent eating/sleep, withdrawal, SI+	Care for self-, SI+, inability to act
Self-Injury	Thoughts, hx of cutting, feeling overwhelmed	Frequent desire to cut, vague SI+, despair	Daily, can't stop, SI+, no options
Alcohol/THC	Occasional use, difficulty with class, conduct, peers	Frequent use, can't stop, conduct hx	Daily use, conduct/police, major loss
Serious Drug Use	Experimental use, friends/family express worry	Frequent use, growing difficulty with life	Legal, conduct/police can't stop
Being Teased	Teased, impacts self-worth, sadness, and fear	Teasing/bullying impacts life, hopeless	Daily, intense teasing, SI+, impulsive
Social Problems	Difficulty with others, odd interests, sensitivity	Increased teasing, isolation, disruptive	Conduct/legal, failing, explosive, SI+
Academic Troubles	Difficulty adapting, constantly behind, worried	Increase struggles, overwhelmed/trapped	Failing, expulsion, panic, SI+, rage
Financial Insecurity	Food, housing, bills, expenses concerns	Constant worry, inability to focus, anger	Intense worry, rage/desperation, SI+
Adjusting to Change	Minor homesickness, sadness, lack of engagement	isolation, poor focus, low energy	Extreme isolation, ultimatums
Loss or Bereavement	Loss, sadness, worry, difficulty focusing,	Escalating grief; constant tearfulness	Despair, SI+, poor self-care, escape
Being Stalked	Follows them (in-person/online), poor boundary	Constant, ignored limits, growing fear	Threats, conduct/police; panic
Anxiety	Frequent worry impacts fun, school, family, friends	Increasing hopelessness, barely managing,	Extreme panic, poor attendance
Intense Thoughts/Action	Rapid thoughts, intense energy, frequent new ideas	Driven to action, escalating grand ideas	Extreme ideas, conduct/LE, SI+
Hallucinations/Delusions	Occasional odd, intrusive thoughts; others worry	Frequent thoughts, panic, poor control	Daily thoughts/actions, care/focus
Group Pressure	Group intimidation, bragging, non-lethal, shaming	Increasingly dangerous forced activities	Lethal activities, conduct/police
Vandalism	Unplanned/impulsive actions, random, thrill	Escalating damage, narrowing, conduct/LE	Excessive damage, focus, felony
Being Controlled	Controlled behavior, jealousy, demeaning actions	Isolation; degrading talk, threats, shaming	Physical violence, conduct/LE
Harassing Behaviors	Unwanted communication continues despite limits	Frequent, conduct/LE, failed limits	Inability to stop, conduct/LE, threats
Stalking Others	Specific/obsessional thoughts, fantasy, pushing limits	Frequent thoughts, monitoring/planning	Constant actions, LE, NCD, threats
Acts of Partner Violence	Controlling behavior, monitoring, demeaning/jealous	Shouting, slap/hit, shame/degrading	Threats, physical harm, LE/conduct
Sexual Violence	Misogyny, isolation of target, coercion for sex	Drug/ETOH, threats, group pressure	Threats/force to rape, retaliation
Incel Behavior	Misogyny, alone, frustrated, blames women	Anger at women, failure at dating, alone	Giving up, isolation, threats
Eating/Sleeping	Poor appetite/sleep, worry/concern, overeating	Sleep/eat all-consuming, missing classes	All encompassing, hopeless, SI+
Affective Violence	Immediate emotional/impulsive, no major injury	Escalating yelling, threatening, gesturing	Daily explosive outburst, conduct/LE
Trolling Actions	'Pushing buttons', attention seeking, gaslighting	Increasing trolling, persists despite limits	Constant trolling, legal/conduct
Transient Threats	Occasional, one-time intimidation, vague, stressed	Frequent threat, more specific/plausible	Severe, actionable, lethal, repeated
Substantive Threats	Conditional ultimatum or intimidation, save face	Clear threat, repeated, detailed	Actionable and lethal, likely to occur
White Supremacy	Growing interest, hates PC, social push back	Angry sharing, growing extremist	Threats, escalating action/planning
Weapons Interest/Access	Weapon curiosity, video games, plans to own gun	Online research, plans to access weapons	Weapon access, practice, discussion

Note: This quick reference sheet is based on the more complete pathway factors and descriptions available at www.pathwaystriage.com. This document is intended as a quick reference and memory aid for those already familiar with the Pathways system.

Abbreviation Key: hx = history, SI+ = indicated presence of suicidal ideation, LE = Law enforcement, BOLD = Factors that the subject is experiencing from others