



# DarkFox Scoring Sheet

Alone <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Catalyst <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Free Fall <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hopeless <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Aggrieved <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Vengeance <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Incel <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Costuming <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Sadist <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Research <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Checklist <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Objectification <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Consumed <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Irrational <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Encouragers <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teased <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Defiant <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Impulsive <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Weapons Interest <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Weapons Acquisition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

## Threat

Direct <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Lethality <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Time <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Leakage <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Location <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Organization <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tone <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Rhetoric <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Planning <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Penetration <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Approach <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Blaze <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

## Suicide

Statement <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Treatment <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Self-Injury <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Self-Concept <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Eat <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sleep <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Substances <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Attempts <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

## Previous Experiences

**Death:**  Pet  Parent/caregiver  Someone close

**Losses:**  Failed Class/assignment  Kicked off team/injury

Failed Greek pledge/kicked out  Break up with partner

Fired or let go from a job

**Negative Experiences:**  Suspension from work or school

Title IX sexual assault  Legal trouble  Arrested by police

Title IX stalking, interpersonal violence or harassment

Financial distress  Extreme teasing or bullying

**Other:**  None  Unsure

## Current Experiences

**School:**  Pending/likely discipline action

Pending/likely suspension  Pending/likely expulsion

Pending/likely involuntary medical withdrawal

**Work:**  Pending or likely discipline action

Pending or likely suspension  Pending or likely loss of job

**Social Life:**  Pending or likely criminal charges

Pending or likely loss of home or living arrangement

Pending or likely loss of relationship  Difficult upcoming deadlines

Increasing risk of financial stress/loss

Return to school/work after an embarrassing event

An atmosphere of teasing, bullying, and exclusion

Coming out (sexual orientation)



Social Support



Restrict Firearms



Empathy



Activities



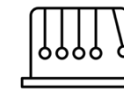
Purpose



Access to Care



Positive Climate



Consequence



Resiliency



## DarkFox Scoring Sheet

Risk Assessment	Moderate	High	Extreme
<b>Alone</b>	Difficulty making friends, sadness, poor support	Failed attempts, explosive, never fit in	Extreme isolation; outsider, SI+
<b>Aggrieved</b>	Blames others, poor perspective, others wrong	actual/perceived injustices, resentments	Driven by grievances, revenge
<b>Sadist</b>	Fantasies about desire/plan to harm others	Focus on harm, buys tools, animal harm	Fixation on target, obsession/driven
<b>Consumed</b>	Focused on a singular topic, intrusive thoughts	Impacts grades, work, and relationships	Escalate, work/school termination
<b>Defiant</b>	Pushes against authority and structure, loner	A harmful debate; conduct/suspension	Rage, conflict, Menacing, threats
<b>Catalyst</b>	HR action, breakup, loss of major, financial stress	Multiple negative, major losses; death	Overwhelming stress, acceleration
<b>Vengeance</b>	Wants to set things right, justice, overwhelmed	Intense desire/anger, poor focus on life	Fantasizes, revenge, time/place
<b>Research</b>	Past shooters/weapons, interest in tactics	Fascination with shootings, detailed attack	Applies research/ study to attack
<b>Irrational</b>	Odd, intrusive thoughts, experiences, concern	Intrusive thoughts, panic, impact on work	Racing thoughts, poor focus, A/V+
<b>Impulsive</b>	Unplanned, emotional, reactive, no change	poor focus, conflicts+, worsen anger	Discipline/conduct/legal, menacing
<b>Free Fall</b>	Depressed, sad, isolated; no SI-, loss of support	Unable to improve; intersecting trouble	No function, poor finances/hope
<b>Incel</b>	Frustrated, no social/dating success, bullied	Blames society, hopeless, poor self-view	Giving up, isolated, us vs. them
<b>Checklist</b>	listing things to give away; fantasy about final acts	SI+, note/video, organization, planning	Manifesto, video, closing accounts
<b>Encouragers</b>	Limits to like-minded individuals, seeks agreement	Rejects others; focus on extreme view	Others encourage, blaze of glory
<b>Weapons Acquisition</b>	Curious about weapons, guns, tactics	Thinks about weapons, saves to buy	obsession/acquisition, mission
<b>Hopeless</b>	Sad/lonely, worried about future, poor focus	isolated, trapped, intrusive thoughts	Intolerable hopelessness, SI+, pain
<b>Costuming</b>	Affiliates with symbols/clothes, obtaining items	Acquires tactical gear, clothing, collecting	Purchases related to plan
<b>Objectification</b>	Others are not important, self-focused, few friends	Quick to assign blame, increase conflict	Constant racist, misogynistic target
<b>Teased</b>	Picked on, teased, impacting self-worth	Frequent teasing/bullying, fear, isolation	Daily teasing, impacts life, SI+
<b>Weapons Acquisition</b>	Researching weapons for scenarios, test fire	Purchases weapons, acquire gear, power	Purpose-driven purchases, stockpile



## DarkFox Scoring Sheet

Threat Assessment	Moderate	High	Extreme
<b>Direct</b>	Vague threat, no specific target, time, or location	Specific threat verbally, vague location	Specific time, place, method, target
<b>Location</b>	Vague location; poorly defined, general location	Location mentioned, accessible/tactical	Location, clear threats, dry run
<b>Planning</b>	Shares research on target, lacks immediacy	Testing impact; gaining intel, gathering	high damage, overcoming obstacles
<b>Lethality</b>	limited weapons, could obtain a weapon	obtain guns, ability/knowledge, likely	Multiple firearms, tactics/practice
<b>Organization</b>	Threats/harassment, transient, lacks logic, MI+	Multiple threats, consistency/logic	Threat consistent, logical, plausible
<b>Penetration</b>	Casual study locations/plans, past attacks	Researching target and security schedule	Creates timeline, manifesto, time
<b>Time</b>	Vague time given, month/season, violence	Escalating threats, grievance/payback	Time narrowed, high lethality, time
<b>Tone</b>	Anger/frustration, sadness, injustice, pain	Threats, intimidation/blame, punishment	Anger, rage, and desire for justice
<b>Approach</b>	Fantasies about punishing target; identifies test runs	Talks about plan; risk-taking increases	Test run; physical violence
<b>Leakage</b>	Vague/limited, no time/place/method, sadness	Frustrations/injustices, trolling/justice	Specific threat, actionable, lethal
<b>Rhetoric</b>	Fiction; vague, jarring, but satirical to express pain	Tone/details, desire to inflict pain/insult	Used to destroy target's image
<b>Blaze</b>	Passing thoughts of suicide/martyrdom	Fantasizing and preparing; the only way	Time, location, target crystalize

Suicide Assessment	Moderate	High	Extreme
<b>Statement</b>	Not wanting to be around, others worry	Desire to die, little support, SI+	Plan feeling, trapped, lethal access
<b>Eat</b>	Loss/increase of appetite, emotional eating	Low appetite, weight loss, uncontrolled	Medical worry, isolation, poor self
<b>Treatment</b>	Previous outpatient, no current, no inpatient	weekly therapy or barriers to access	Sporadic meds, recent inpatient
<b>Sleep</b>	Tired, overwhelmed, and exhausted, early/late	Nightmares, wakefulness, insomnia	Cannot function, Constant/unable
<b>Self-Injury</b>	Frustration/boredom, non-lethal, yearly	Weekly cutting, burning, self-hatred	Daily injury, SI+, wish to disappear
<b>Self-Concept</b>	Negative, outsider, unhappy looks/friends, sad	Unreceptive, teased, lacks friends, alone	low self-view, dangerous/impulsive
<b>Attempts</b>	SI+ w/o plan, hints about attempt, non-lethal	Detailed planning, lethal means	Multiple previous, lethal, continued

**Note:** This quick reference sheet is based on the more complete DarkFox factors and descriptions available at <https://www.darkfoxthreat.com>. This document is intended as a quick reference and memory aid for those already familiar with the DarkFox system.

**Abbreviation Key:** hx = history, SI+ = indicated presence of suicidal ideation, LE = Law enforcement, A/V+ hallucinations, MI+ mental illness present